



Smoke-Free Family Declaration

We have made the decision to live in a smoke-free environment by ensuring that no one smokes in our home and car as of ____ / ____ / ____ .

This applies to all family members and visitors.

A Team Project!
The decision to become a Smoke-Free Family was made with all family members in agreement. By signing, we commit to respecting this decision and making sure it is respected by others.



Name

Signature

Age

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____



Living smoke-free is important for protecting the health of our friends and family.

Need help quitting smoking?
1-866-527-7383
QuitChallenge.ca

AN INITIATIVE OF:

IN PARTNERSHIP WITH:

